What is a Learning Disability?

Your local learning disability team

Being safe

Make your own decisions

Personal budgets

Someone to help me speak up

Money and benefits

Relationships

Health

Information about physical health

Information about mental health

Information on staying healthy

Going out

Activities for people in Hammersmith and Fulham

Activities for people in Kensington and Chelsea

Activities for people in Westminster

Daytime activities for everyone

Night-time fun for everyone

Travel and transport

Taking a break

Jobs and training

Housing

Alcohol and substance use

Keeping in touch and staying well over Christmas

One You

Easy Read Information For People With Learning Disabilities

Please be aware that the information in this section of the site is currently being developed and tested. We are working with people with learning disabilities and others to ensure that it is as useful and accessible as possible. We know that some bits of this section still require significant improvement.

We welcome your feedback!
Someone to help me speak up

Money and benefits

Relationships

Health

Going out

Travel and transport

Taking a break

Jobs and Training

Housing
This section of People First uses pictures provided by the Photo Symbols website.