Keeping your home well maintained can sometimes be difficult, particularly if you have health problems or are short of money. But a well-maintained home can help you to stay in better health and to avoid accidents.

If you're struggling to keep up with jobs that need doing around the home and garden, you may be able to get help with small DIY jobs and decorating from local voluntary organisations.

Other organisations offer help to residents in both public and private housing with smaller home maintenance jobs, such as gardening or sorting paperwork. There is not usually a cost, but donations are always welcome. This type of assistance is offered on an occasional basis and is provided by volunteers.

Other information and advice

The Independent Age website provides guides on Paying for home maintenance and repairs.

The British Heart Foundation will collect furniture and electrical items for free if they are in a good condition; these items will then be sold to raise funds for the charity.