

Open Age Dance-a-thon



Date: 01/10/2017

Time: 11am to 4:30pm

Cost: Free

Grab your dancing shoes and join Open Age for five 'fab-u-lous' Silver Sunday hours of dancing with the very best instructors and fantastic music!

Absolutely all abilities & toe-tapping styles are welcome! They will also be hosting Afternoon Tea, a raffle, and quiz so pop along for a jam-packed afternoon.

- 11.00-11.45 : **Carnival**
- 11.45-12.30 : **Contemporary Dance**
- 12.30-1.15 : **Jive**
- 1.15-2.00 : **Salsa**
- 2.00-2.45 : **Musical Theatre: Seated Dance**
- 2.45-3.30 : **Ballroom Dancing**
- 3.30-4.15 : **Kathak: South Asian Dance**

200 spaces, no booking required.

Buses : 18, 28 & 228

To celebrate [Silver Sunday](#), Open Age activities throughout Westminster will be FREE in the week running up to Silver Sunday (25th - 29th September).

Silver Sunday is an annual day of fun and free activities for older people across the UK on Sunday October 1st. It celebrates the value and knowledge they contribute to our communities while combating loneliness and isolation. Everyone can get involved, whether that's organising an event, spreading the word, or simply attending an activity.

Open Age supports people aged 50+ in Westminster.

Tags (office use) : SILVER, OAQP, OACH, OAWH, OAKC, OANH

This event occurs only once. until 01 October 2017

Location

Open Age (Queen's Park/Harrow Road Hub)
The Avenues, 3-7 Third Avenue, London,
W10 4RS

Organiser

Open Age (Queen's Park/Harrow Road Hub)
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Downloads

- [OAQP Queens Park Harrow Road \(613 Kb\)](#)