

Men's Space Active Men Group in W11



Date: 23/01/2018

Time: 12:30pm to 1:30pm

Cost: Free

Are you getting enough exercise? Join the Active Men's group for weekly exercise, walks and circuit training.

Call Russell on 020 8962 5583 for more information or to join the group.

Tube: Ladbroke Grove

Buses: 28, 31, 328.

Men's Space is a programme of Open Age activities dedicated to supporting the wellbeing of men aged 50+ in Kensington & Chelsea.

Tags (office use) : OAKC

This event occurs every week on Tuesday until 20 March 2018

Location

Hardy House

64 Great Western Road, London,
W11 1AN

Organiser

Russell (Open Age)

T: 020 8962 5583

M: mail@openage.org.uk

Website: www.openage.org.uk

Downloads

- [OAKC Kensington \(612 Kb\)](#)

Further dates for this event

30 January, 2018
06 February, 2018
20 February, 2018
27 February, 2018
06 March, 2018
13 March, 2018
20 March, 2018

[See more dates](#)